

## Grief and Bereavement Resources Camrose and Area

Type of Support	Organization	Description	Contact
<b>For Traumatic Loss</b>	Victim Services Camrose RCMP	In cases of traumatic loss	<b>780-672-3342</b> Camrose
	Victim Services City of Camrose Police	In cases of traumatic loss	<b>780-672-4444</b> Camrose
	The Support Network	Suicide Bereavement Support Offers information packages, one-on-one support, family and group debriefings, and adult and children support groups. All services are no fee.	<b>780-482-0198</b> <a href="http://www.thesupportnetwork.com">www.thesupportnetwork.com</a> Edmonton
	Victims of Homicide	Support for families	<b>780-472-8958</b> <a href="http://www.victimsofhomicide.ca">www.victimsofhomicide.ca</a> Edmonton
	Salvation Army Family Services	Special support is given where death has resulted from suicide. No fee.	<b>780-424-9222</b> <a href="http://www.ab.salvationarmy.ca">www.ab.salvationarmy.ca</a> Edmonton
<b>For Grieving Parents</b>	HEARTS (Helping Empty Arms Recover Through Sharing)	Baby loss support program for anyone touched by loss of baby in pregnancy or just after birth.	<b>780-464-3217</b> <a href="http://www.heartbabyloss.ca">www.heartbabyloss.ca</a> Edmonton
	SIDS Foundation	sudden infant death	<b>1-800-363-7437</b> 24 hr Support Line
	Compassionate Friends of Canada	For parents, relatives and friends when there has been the death of a child, at any age, and of any cause.	<b>1-866-823-0141</b> <a href="http://www.tcfcanada.net">www.tcfcanada.net</a>
	Grieving Parent's Society of Edmonton	For parents, relatives and friends when there has been the death of a child, at any age, and of any cause.	<b>780-451-5381</b> <a href="http://www.grievingparents.ca">www.grievingparents.ca</a>

<b>For Grieving Children</b>	STARFISH Family Resources	Supporter of Rainbows programs in northern & central Alberta for children experiencing loss/grief due to death, separation or divorce)	<b>780-448-1180</b> Toll free 1-800-416-4673 <a href="http://www.starfishfamilyresources.org">www.starfishfamilyresources.org</a>
	Pilgrim's Hospice	"Expressive arts Children and Teen Support Group"  Death and Grief Support for Children and Teens	<b>780-413-9801</b> Edmonton
	YWCA	Individual, family, couple counselling and counselling for children. An intake assessment is required for a sliding scale fee	<b>780-423-9922 ext 222</b>
<b>Grief and Bereavement Support Groups</b>	Covenant Health St. Mary's Hospital	Bereavement Support Group offered 3 times per year for 8 weeks. Cost is free. Pre registration required.	<b>780-679-2793</b> <a href="mailto:Shelly.Dalweg@covenanthealth.ca">Shelly.Dalweg@covenanthealth.ca</a>  Camrose
	Good Grief Program	Adult Bereavement Support Group	<b>780-385-3976</b> Knox United Church Killam
	Messiah Lutheran Church	Monthly Faith-based Grief Support Group	<b>780-678-7830</b> <a href="mailto:bev@copewithgrieving.com">bev@copewithgrieving.com</a> Camrose
	AKASU Palliative Care Society	Grief Support Group	<b>780-632-3331</b> <a href="mailto:akasupalliativecaresociety@gmail.com">akasupalliativecaresociety@gmail.com</a> Vegreville
	Pilgrim's Hospice	Adult Bereavement Support Group	<b>780-413-9801</b> <a href="http://www.pilgrimshospice.ca">www.pilgrimshospice.ca</a> Edmonton
	Southeast Edmonton Seniors Association	Drop-in support program for seniors age 55 and older. Annual Membership is \$30.00.  Monthly widows support group	<b>780-468-1985</b> Edmonton
	St.Albert Bereavement Fellowship	Grief information evenings, social events and group support. \$10.00 Annual Membership.	<b>780-460-4215</b> <a href="http://www.stalbertbereavement.com">www.stalbertbereavement.com</a>

Grief and Bereavement Support Individual & Family			
<b>Grief and Bereavement Support Individual &amp; Family</b>	Alberta Health Services  Community Addictions and Mental Health	Counseling for adults, children & geriatric population	<b>780-679-1241</b> Toll Free: <b>1-866-332-2322</b>  Mental Health HELP Line: <b>1-877-303-2642 (24 hours)</b>
	Covenant Health St. Mary's Hospital	Walk In Clinic  Tuesdays 8:30am – 4:00 pm  No appointment required. Offers assessment, individual psychotherapy, referral as appropriate	<b>780-679-6131</b> Camrose
	Edmonton Healing Center for Grief and Loss	Individual, group support and education to people grieving loss through death or supporting others who are grieving.  Spouseless House: A support program for grieving widowers: An eight week group offered to men who have experienced the death of a life partner. We provide a place where men learn practical skills for living on their own, as well as dealing with loss and grief. Fee: \$50.00 for series.	<b>780-454-1194</b> Ext. 224 <a href="http://www.jfse.org">www.jfse.org</a>  Edmonton
	Pilgrim's Hospice	Adult Counselling Services  Fees vary from program to program.	<b>780-413-9801</b>  Adult Counselling Services & Spiritual Care Coordinator ext. 307  <a href="http://www.pilgrimshospice.ca">www.pilgrimshospice.ca</a> Edmonton
	Catholic Social Services	Provides individual and family grief counselling, as well as New Beginnings, a weekend program for widowed, divorced and separated individuals	<b>780-432-1137</b> Counsel Line: <b>780 420-1970</b> <a href="http://www.catholicsocialservices.ab.ca">www.catholicsocialservices.ab.ca</a> Edmonton
The Support Network Community Services	Referral Service	<b>780-482-5198</b> Edmonton	

	Cornerstone Counseling Centre	Provides individual and family grief counselling. Payment is on a sliding scale. Faith based counseling offered.	<b>780-482-6215</b> Edmonton
	Community Counselling Centre	Individual, couples and family counselling in grief, loss and other issues	<b>780-482-3711</b> Edmonton
	HIV Network of Edmonton	Support and counselling following an AIDS death. No fee.	<b>780-488-5742</b> Press "1" Edmonton
	Inner City Pastoral Ministry	Provides bereavement counselling. No fee.	<b>780-424-7652</b> Edmonton Bissell Centre
	Walking Through Grief Society	Individual support and group support, education and awareness	<b>780-846-2576</b> Vermilion  <b>780-846-2576</b> Kitscoty  <b>780-846-2576</b> Wainwright  <b>780-846-2576</b> Lloydminster
	Salvation Army Family Services	Bereavement counselling for families and individuals.	<b>780 424-9222</b> <a href="http://www.salvationarmy.ca/alberta">www.salvationarmy.ca/alberta</a> Edmonton
<b>Print Materials</b>	Alberta Funeral Service Association	<ul style="list-style-type: none"> <li>• Funerals: An Information Guide</li> <li>• Yours, Mine and Our Children's Grief</li> <li>• Grieving: "Our Time"</li> </ul>	<b>403 342-2460</b> Toll Free 1-800 803-8809 Red Deer, Alberta:  <a href="mailto:inquiry@AFSA.ca">inquiry@AFSA.ca</a>
	Alberta Health Services/Covenant Health	<ul style="list-style-type: none"> <li>• Grieving after a Death: Information for Families and Friends Re-order number CH-0236</li> <li>• Are You Working Through The Layers of Grief? Re-order number DE 298</li> </ul>	<b>780-679-6100</b> Reorder through pastoral care at Covenant Health St. Mary's Hospital

	Park Memorial Funeral Home	<ul style="list-style-type: none"> <li>• Customs and Traditions in Times of Death and Bereavement</li> <li>• A variety of brochures available ie. “helping Yourself heal when someone dies, when a spouse dies, when a sibling dies, when a friend dies, when a child dies,”etc</li> </ul>	<b>780-426-0050</b> Toll free 1-800-822-3526 <a href="http://www.parkmemorial.com">www.parkmemorial.com</a>
	Alberta Funeral Services Regulatory Board	<ul style="list-style-type: none"> <li>• Funeral Planning in Alberta</li> </ul>	Toll free <b>1-800-563-4652</b> <a href="http://www.afsrb.ca">www.afsrb.ca</a>
	Alberta Health	<ul style="list-style-type: none"> <li>• Saying Farewell “A guide to assist you with preplanning and with the death and dying process.”</li> </ul>	Toll free <b>1-877-644-9992</b> <a href="http://www.health.alberta.ca">www.health.alberta.ca</a>
	Comprehensive Tissue Centre	<ul style="list-style-type: none"> <li>• Tissue Donation Brochure</li> </ul>	<b>780-407-7510</b>
<b>Grief Education</b>	Camrose Primary Care Network	<ul style="list-style-type: none"> <li>• Grief and Bereavement Workshops</li> <li>• Behavioural Health Consultant</li> <li>• Mental Health Liaison Program</li> </ul>	<b>780-608-4927</b> <a href="http://www.camrosepcn.com">www.camrosepcn.com</a> Camrose
	Hospice Society of Camrose and District	Provide education for palliative volunteers. "Being with the Dying" education program. Resource library	<b>780-678-3218</b> <a href="mailto:camrosehospice@gmail.com">camrosehospice@gmail.com</a> Camrose

This resource has been contributed by the following Camrose and Area Palliative Care Community of Practice Partners:

Alberta Health Services  
The Bethany Group  
Covenant Health  
Camrose Hospice Society  
Camrose Primary Care Network